



# **Italian-Spanish-Turkish International School of Proctology and pelvic floor diseases**

**II Edition**

19<sup>th</sup>- 22<sup>nd</sup> October 2026

Sant Joan d'Alacant,  
Alicante, Spain

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## PRESENTATION

The Italian-Spanish-Turkish and Pelvic Floor Diseases is committed to enhancing the expertise required to establish a comprehensive clinical framework, interpret preoperative tests accurately, provide well-founded surgical indications, and ultimately elevate surgical standards. These objectives will be achieved under the guidance of our team of highly qualified and experienced instructors.

The educational program will emphasize hands-on live tissue sessions and high-definition video broadcasts of surgical procedures, complemented by detailed, step-by-step discussions of surgical techniques through edited and semi-edited videos. This approach aims to deconstruct critical procedural steps and present a variety of surgical options.

The course will offer an in-depth analysis of surgical indications and the management of potential complications, drawing on relevant literature to substantiate best practices.

Our program will feature a distinguished panel of Italian, Spanish, Turkish and international Key Opinion Leaders (KOLs), who will contribute through lectures and active participation in Cadaver Lab sessions. While the lectures will be based on established surgical literature, particular emphasis will be placed on the unique insights and practical experience shared by the KOLs, enriching the educational experience for all participants.

The intensive four-day course (Monday to Thursday) will include three Cadaver Lab sessions, lectures, step-by-step analysis of surgical procedures using partially edited videos, and discussions, along with contributions from esteemed national and international guest speakers.





# TARGET & OBJECTIVES

## TARGET AUDIENCE

This program is intended for surgeons specializing in general surgery, as well as surgical residents, who have a specific interest in the study and treatment of proctological diseases and pelvic floor disorders.

## OBJECTIVES

- Acquisition of assessment tools for a correct clinical, diagnostic, and therapeutic approach to proctological diseases of the pelvic floor.
- Analysis of diagnostic tests, discussing the indications for performing them, how to conduct them, and how to interpret the results to better guide therapeutic choices.
- Sharing surgical techniques through cadaver lab and educational video discussions to standardize techniques and ensure high-quality procedures across the field.
- Development of skills to recognize and manage complications.
- Ability to foster a multidisciplinary team approach for the development and management of shared protocols in the treatment of complex pelvic floor disorders.





## SCHOOL DIRECTORS

### **Gabriele Naldini (IT)**

Specialist in Digestive System Surgery and Surgical Digestive Endoscopy. Surgeon dedicated to Proctological and Pelvic Floor Surgery. Director of the School of Proctology and Pelvic Floor Surgery of the Italian Society of Surgery (SIC)

### **Antonio Arroyo Sebastián (E)**

Head of General Surgery and Digestive Surgery Service. Hospital General Universitario Elche. Full-Professor of Surgery. Director of the Surgery Area. Department of Pathology and Surgery. UMH School of Medicine (San Juan Alicante) - Alicante

### **Arantxa Muñoz Duyos (E)**

Senior Consultant Colorectal Surgeon, Specialist in Advanced Proctology and Pelvic Floor Surgery - Hospital Universitari Moissès Broggi - Barcelona

### **Sezai Levantoğlu (TR)**

Faculty member at Gazi University, Faculty of Medicine, Department of General Surgery (Ankara) - Board of TSCRS

## FACULTY

M<sup>a</sup> José Alcaide (E)

Julio del Castillo (E)

Juan García-Armengol (E)

Marisa Sánchez-Ferrer (ES)

Giulio Aniello Santoro (IT)

Mónica Serrano Navidad (ES)

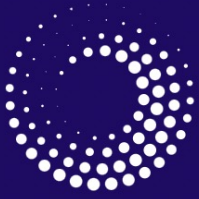
Vicenzo Vigoritta (ES)

Serkan Zenger (TR)

## INTERNATIONAL GUEST

Pasquale Giordano (UK)





# PROGRAM

## SCIENTIFIC PROGRAM

**Please note:** *Each session includes a 15-minute lecture followed by a 15-minute interactive discussion, allowing for in-depth scientific exchange. While the program lists only the lecture titles, dedicated time for Q&A and debate will follow every presentation.*

### Monday 19<sup>th</sup> October

#### TOPIC OF THE DAY: PELVIC FLOOR PROLAPSE

2.00 P.m. Welcome & Introduction

**A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini**

#### **Pelvic floor prolapse**

2.30 p.m. Clinical and radiological assessment of pelvic floor disease

**G.A. Santoro**

3.00 p.m. Multicompartimental pelvic floor prolapse: gynecologic point of view.

**M. Sánchez-Ferrer**

3.30 p.m. Ventral rectopexy and its possible variant.

**P. Giordano**

4.00 p.m. Dubuisson Lateral Suspension.

**G. Naldini**

4.30 p.m. Video forum with interactive discussion: Transanal approaches -Delorme and Altemeier- in rectal prolapse. Tips and tricks.

Chairman: **G.Naldini**

5.00 p.m. Break

5.30 p.m. Video forum with interactive discussion: Rectocele Surgical treatment.

Video forum with interactive discussion:

Posterior colporraphy, Sarles Technique, STARR Technique. Tips and tricks.

Chairman: **V. Vigoritta**



# PROGRAM

- 6.00 p.m. Round Table: Pelvic Floor Prolapse  
Clinical cases: **M.J. Alcaide**  
Provoker: **J. del Castillo**  
Panelists: all attendee
- 7.00 p.m. Algorithm proposal for rectal prolapse and  
rectocele international guidelines review  
**J. del Castillo**
- 7.30 p.m. End of the day

## Tuesday 20<sup>th</sup> October

TOPICS OF THE DAY: LAPAROSCOPIC PELVIC FLOOR  
PROLAPSE REPAIR (CADAVER LAB), FECAL INCONTINENCE,  
ANAL FISTULA

- 8.30 a.m. Introduction to Cadaver Lab  
**A. Arroyo Sebastián, A. Muñoz Duyos, G. Naldini**

What surgeries are you going to reproduce in  
cadaver?

**M.J. Alcaide, M. Serrano Navidad**

Videos abdominal procedures: Laparoscopic  
Ventral Mesh Rectopexy, colposacropexy,  
Dubuisson Lateral Suspension.

- From 9 a.m. To 1.30 p.m.  
Hands on live tissue.  
Tutors: **all faculty**

- 1.30 p.m. Lunch break

### Fecal incontinence

- 2.30 p.m. Video forum with interactive discussion:  
Sphincters and pelvic floor repair, Anal  
Cloacal repair, Extended Sphincteroplasty,  
SNS and Sphinkeeper. Tips and tricks.  
Chairman: **A. Muñoz Duyos**



# PROGRAM

- 3.00 p.m. Sphincter repair and Levator Ani Repair  
**A. Muñoz Duyos, G. Naldini**
- 3.30 p.m. Round Table: Fecal incontinence  
Clinical cases: **G.A. Santoro**  
Provoker: **A. Muñoz Duyos**
- 4.15 p.m. Algorithm proposal for FI.  
**A. Muñoz Duyos**
- 4.45 p.m. Focus on clinical assessment and new technology: all in one Proctostation and sphinkeeper  
**P. Giordano, G.A. Santoro**
- 5.15 p.m. Break
- Anal fistula**
- 5.45 p.m. Anatomical classification, and Endoanal Ultrasound setting and concepts.  
**S. Zenger**
- 6.00 p.m. Intermediate surgery: tips and tricks, types of seton... Seton yes or not.  
**V. Vigorita**
- 6.30 p.m. New Techonology: Laser, VAAFT, Lipogems ... are the really useful  
**S. Levantoğlu**
- 7.00 p.m. Video forum: Surgical procedures with interactive discussion: FLAP, LIFT, MSC, Laser. Tips and tricks.  
Chairman: **M.J .Alcaide**
- 7.30 p.m. End of the day



# PROGRAM

## Wednesday 21<sup>st</sup> October

TOPICS OF THE DAY: TRANSPERINEAL AND TRANSANAL SURGICAL TECHNIQUES (CADAVER LAB), HEMORRHOIDS, PILONIDAL SINUS, ANAL FISSURE.

### Transperineal and transanal surgical techniques Cadaver Lab

8.30 a.m. Videos perineal procedures: What surgeries are you going to reproduce in cadaver?

**A. Muñoz Duyos**

From 9 a.m. To 1.30 p.m.

Hands on live tissue

**Cadaver Lab: Proctologic procedures, fecal incontinence and transperineal and transanal surgical techniques.**

Tutors: **all faculty**

1.30 p.m. Lunch break

### Hemorrhoids

2.30 p.m. Practical concepts and conservative treatment.

**S. Zenger**

3.00 p.m. Video forum with interactive discussion: Treatment procedures (tips and tricks): Banding, Sclerosis, Milligan Morgan, THD Anolift, LHP, Urgent hemorrhoidectomy, Stapler procedure.

Chairman: **P. Giordano**

3.30 p.m. Indications and results: International Guidelines.

**M. Serrano Navidad**

3.45 p.m. Round Table: Hemorrhoids

Presentation of clinical cases: **M. Serrano Navidad**

Provoker: **A. Arroyo Sebastián**

Panelists: all attendee

4.30 p.m. *Break*



# PROGRAM

## **Pilonidal sinus**

5.00 a.m. General concepts and surgical technique election.  
**S. Levantoğlu**

5.30 p.m. Video Forum with interactive discussion.  
Pilonidal sinus: surgical techniques  
(including relapses)  
Chairman: **M. Serrano**

## **Anal fissure**

6.00 p.m. Conservative treatment: medical treatment when  
and why.  
**A. Arroyo Sebastián**

6:30 p.m. Video forum with interactive discussion:  
Treatment procedures: Botulinum Toxin Injection,  
Lateral Internal Sphincterotomy, Progressive anal  
dilatation, Flap. Tips and tricks.  
Chairman: **G.A. Santoro**

6:30 p.m. Round Table: Fissure and anal stenosis  
Presentation of clinical cases: **S. Levantoğlu**  
Provoker: **J. Del Castillo**  
Panelists: **all attendee**

7:00 p.m. End of the day

## **Thursday 22<sup>nd</sup> October**

TOPIC OF THE DAY : POSTERIOR APPROACHES CADAVER

9 a.m. Videos posterior perineal procedures: What  
surgeries are you going to reproduce in cadaver?  
**A. Muñoz Duyos, J. García-Armengol**

From 9.30 a.m. To 12.30 a.m

Hands on live tissue

**Cadaver Lab: sacrococcygeal procedures, SNS,  
Kraske approach for retrorectal tumors and  
Flaps for pilonidal diseases**

Tutors: **all faculty**

1 pm a.m. Closing and Remarks



## GENERAL INFORMATION

**DATE:** 19<sup>th</sup>- 22<sup>nd</sup> October 2026

OFFICIAL LANGUAGE: English

PARTECIPANTS: 21 persons maximum

## REGISTRATION FEE

The complete training cost is **Euros 1.800 + VAT**

The registration fee includes:

Didactic activities (as program);

3 days of Cadaver Lab practice

Coffees and lunches

1 social dinner

Final Diploma

## PROCEDURE

The application form, must be submitted via email to the Organizing Secretariat ([info@askservice.it](mailto:info@askservice.it)) within 20 days of the registration deadline. Please note that registration will be finalized upon receipt of payment. Selection will be based on the application submission date.

## SCHOOL VENUE

Facultad de Medicina de la UMH

Servicio de Innovación Anatómica, en el Campus de San Juan.

Sant Joan d'Alicant , Alicante (ES)

**Please note:** Attendance at the II Edition of the Italian-Spanish-Turkish International School of Proctology and Pelvic Floor Diseases shall entitle Spanish students to the allocation of 3 ECTS credits.

## ORGANIZING SECRETARIAT



**SEGRETERIA ORGANIZZATIVA**

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INFO



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## II Edition

19<sup>th</sup>- 22<sup>nd</sup> October 2026

Sant Joan d'Alacant,  
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## Endorsed by



**UNIVERSITAS**  
Miguel Hernández



**AACP**  
ASOCIACIÓN ESPAÑOLA DE  
COLOPROCTOLOGÍA



**Società Italiana  
di Chirurgia**

Ente Morale - Fondata nel 1882



## ORGANIZING SECRETARIAT



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